# Spiral Stitch Bracelet 

Member to Member
LBS Bead Retreat 2024

## Materials

Size $8^{\circ}$ Beads - 2 grams
Size $11^{\circ}$ Beads - 2.75 grams
4mm Pearls or Crystals - 75-90 beads (depending on the size of your bracelet)
2 jump rings
Clasp of your choice
Thread of your choice
Size 11 or 12 needle
Pliers - 2 pair
Scissors

## Directions

1. On 3 feet of thread place a stop bead leaving an 8 inch tail.
2. Pick up 4 core beads, one $11^{\circ}$, one pearl, and one $11^{\circ}$ bead.
3. Go through the second core bead from the end through core beads 2-3.
4. Pick up one core bead, one 11, one pearl and one 11 bead. Go through the core bead you just added.
5. Continue to push the spiral beads to the left. This will help them align correctly.
6. Repeat steps 4 and 5 until you have the desired length leaving room for the clasp.
7. Finish the end of the bracelet by adding six $11^{\circ}$ beads. Go through your beads to reinforce this a few times.
8. Go to the opposite end of the bracelet and finish the same way as you did in step 7.
9. Add your jump rings and clasp and you now have a new bracelet.

Note: The $8^{\circ}$ beads are the core beads.
The sequence beads are the $11^{\circ}, 4 \mathrm{~mm}$ pearl and the $11^{\circ}$ seed beads The spiral will be visable after the 4th row

